## Quarterly- Disporter

## HOME SECURITY TOOLS FOR SENIORS LIVING ALONE

As we get older, our home security concerns change. What works for families or young people may not meet the unique needs of seniors who live alone. And, just over one in four adults over the age of 65 lives alone. Concerns about seniors' health, memory, and physical safety can create anxiety for loved ones and caregivers. But there are several strategies that can help seniors maintain both their safety and their independence. Read on for some of the best home security tools for seniors.

## **Medical Alert Devices**

Every 11 seconds, an older adult suffers a fall serious enough to send them to the emergency room. If a senior is injured in a fall in their home, they may not have the ability to get up and call for help. Boyd & Associates Medical Alert can help. It is a safety and medical alert system that allows an individual to signal for help from a wireless alarm pendant.

### **Carbon Monoxide Detectors**

The Centers for Disease Control and Prevention estimates about 500 people die from unintentional exposure in the U.S. every year. Another 8,000-15,000 people are examined or treated in hospitals.

Most of carbon monoxide injuries and deaths are entirely preventable. That is why carbon monoxide detectors are crucial to have in your home, especially seniors who are living on their own.

## **Monitored Fire and Burglar Alarms**

According to the Bureau of Justice, 59 percent of violent crimes against seniors happen at or near their homes and they are more likely to be victims of property crimes. A monitored home security system can offer seniors living alone an added layer of protection in the event of a burglary or fire by alerting an alarm monitoring center.

### Video Doorbell

With smart video doorbells, seniors can answer their front door remotely via a tablet or smartphone to ensure visitors don't know they are home alone. Family members of seniors can also use this feature to ensure the safety of their loved ones.

## **Environmental Monitoring**

It's a scenario that can be more frightening and dismaying for an elderly individual than anyone else: a pipe burst, or a water heater leaks, causing damaging flooding that can go on for hours while they are away or asleep.

Environmental monitoring can alert seniors of the problem right away no matter where they are. The longer a leak goes unfixed, the more likely structural damage will occur. By getting the news right away, seniors and their families can avoid expensive and inconvenient repairs.

# BOYD & ASSOCIATES ACQUIRES SECURITY NETWORK, INC.



Boyd & Associates is happy to announce the purchase of Security Network, Inc. Founded in 1992 by Mitch Salehi, SNI offers commercial and residential burglar and fire alarm systems in Los Angeles and Orange counties. Prior to founding SNI, Mitch was perennial top salesman for Westec Security.

Mitch and his entire staff will be joining Boyd & Associates to continue providing the kind of service SNI customers have come to expect. Former SNI customers will enjoy the expanded service offerings provided by Boyd & Associates, like 24-hour service, mobile apps, alarm response and more.

Welcome Mitch and SNI. To reach Mitch you can call 1-888-777-5572 or email mitch@boydsecurity.com.



## **BACK TO SCHOOL SAFETY TIPS**

It's that time of year again when parents and children are preparing to go back to school. As part of our commitment to overall community safety, we would like to help you with your preparations by offering these simple safety tips.

## **School Zone Driving Safety Tips**

- Be on the lookout for school zone signals and ALWAYS obey the speed limits.
- Always stop for school busses that are loading or unloading children.
- Watch out for school crossing guards and obey their signals.
- Be aware of and watch out for children near schools, bus stops, sidewalks, in the streets, in school parking lots, etc.
- Avoid using a cell phone, unless it is completely hands-free, while driving in a school zone.
- Unless licensed to do so, never use handicap or emergency vehicle lanes or spaces to drop off or pick up children at school.

## Riding Your Bike to School

- Make sure your child always wears a bicycle helmet! Failure to wear one could result in a traffic citation. In the event of an accident, helmets reduce the risk of head injury by as much as 85 percent.
- Obey the rules of the road; the rules are the same for all vehicles, including bicycles.
- Be sure your child knows, and uses, all the appropriate hand signals.
- Choose the safest route between home and school and practice it with children until they can demonstrate traffic safety awareness.
- If possible, try to ride with someone else. There is safety in numbers.

## **Playground Safety**

- A supervisor must always be present when children are at the school's playground. Make sure your school has someone who always monitors the playground.
- Protective surfaces should extend six feet in all directions around the playground equipment. For swings, it should extend twice the height of the set.

- Be watchful of sharp edges or points on equipment.
- Alert the school if you notice anything strange about the playground equipment at your child's school.
- All elevated surfaces, such as ramps, should have guardrails to prevent falls.

## **Walking to School**

- Leave early enough to arrive at school at least 10 minutes prior to the start of school.
- Demonstrate traffic safety awareness and pick the safest route between your home and the school and practice walking it with your children.
- Teach your children to recognize and obey traffic signals, signs, and pavement markings.
- Only cross streets at designated crosswalks, street corners and traffic-controlled intersections.
- Always look both ways before crossing the street and never enter streets from between obstacles like parked cars, shrubbery, signs, etc.
- Avoid talking to strangers. Teach your children to get distance between themselves and anyone who tries to approach or make contact with them.

## **School Bus Safety**

- Make habit of arriving at the bus stop at least five minutes before the scheduled arrival of the bus.
- Make sure your child stays out of the street and avoids excessive horseplay while waiting for the school bus.
- Be sure the bus comes to a complete stop before getting on or off.
- When riding the bus, make sure your child understands they must always remain seated and keep their head and arms inside the bus.
- Do not walk in the driver's "blind spot" this is the area from the front of the bus to about 10 feet in front of the bus.

## GET ONE MONTH OF FREE MONITORING WHEN YOU LEAVE A GOOGLE REVIEW

Leave us a review on Google and receive 1 month of monitoring on us.

For details, please visit our website at www.boydsecurity.com and click the "Leave Us a Review" tab.